

**Fall 2019**

**July, August,  
September**



## PROGRAM MANAGER' COLUMN

This last summer and early fall were so jam packed, we forgot to plan for our quarterly newsletter that should have been sent at the end of September! We are going to try to double up this quarter to catch up!

Three events bumped us off our regular newsletter schedule. The first one was the one day Department for Aging and Rehabilitative Services (DARS) Staff Retreats. There was an informative presentation on Cultural Competency, the DARS vocational rehabilitation process, and a presentation from the Department for Behavioral Health and Developmental Services. The second event was the three day Annual Conference of the International Brain Injury Clubhouse Alliance (IBICA) in Virginia Beach. The timing of these two events could not have been better for the Unit Coordinators to receive some valuable training, get new ideas, and meet other clubhouse staff from clubhouses around the country to bring back to The BridgeLine. The last event was the Annual United Way Day of Caring. We hosted a group from CFA Institute who spruced up a couple of offices with a fresh coat of paint. While we had the extra hands in the building, we took advantage to purge, move, and consolidate furniture and equipment that we were no longer using.

Now that it's Fall, it is time to plan for another couple of annual events. We will be anxiously awaiting the election outcomes in early November to determine who will be representing our service area at the General Assembly in 2020. We will need to get busy with scheduling advocacy visits.

The date for the Annual Clubhouse Thanksgiving Luncheon has been set for Wednesday November 20, 2019. This particular event is a long standing tradition of the clubhouse that goes back in our history to the time when we did not have a full kitchen. I always look forward to Miss Etta's mac & cheese, Anna's stuffing, and Frankie's bite sized desserts! More than that, this is the time to see members and families all together. Look for photos in the next newsletter!

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BRIDGELINE PLACE

# Brainwaves



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### **Kitchen/Maintenance Update:**

**By: John C., Member**

The daily tasks of cleaning are time consuming! But all jobs at The BridgeLine Place are worth while. I love mopping, dusting, and the vacuum I use. The vacuum is light weight. The mop is nice, as is the dusting. In all, I really like each task. I am especially enjoying my time cooking. The meals I help make are good and edible.

### **Administrative Update:**

**By: Morgan B., Unit Coordinator**

There has been a lot of change throughout the last quarter. We have had staff changes, room changes, etc. We have been moving various furniture from room to room to find a better fit for it. We have also been changing computers in the member office. I have been working alongside members to find new ways to improve how we do things in the administrative unit.

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### **Virginia Sports**

**By: Jason B., Member**

The UVA Football team has already lost two of the games they were supposed to by the sports critics. They have a lot of injuries to overcome and need to win six games to become bowl eligible. Their next game is this Saturday against Duke. It is a home game. GO HOO'S!!!!!!

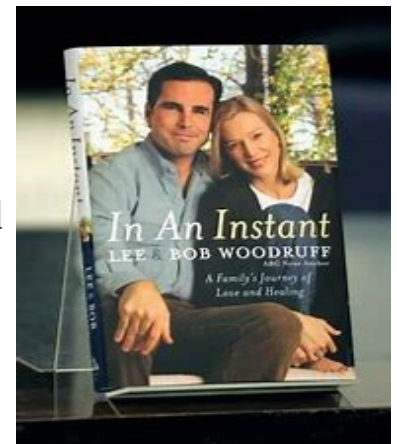


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### **Book Review**

**By: Mary L., Member**

This is about *In an Instant*. Which is a story about Lee and Bob Woodruff. It is about when he was a newly anointed co-anchor of the ABC's World News Tonight. On the 28th of January, he was in an Armored truck and his truck ran into an I.E.D. which caused a Traumatic Brain Injury. After this happened, his wife Lee started a daily journal to keep track of everything she knew.

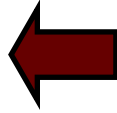


## Socials

By: Anna M., Member



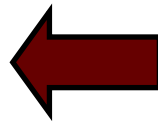
July Social where we went bowling and played pool.



August Social where we played board games and ate ice cream!



September Social where we went on a hike at Riverview Park. Afterwards we got Bodo's Bagels and ate together at the clubhouse!



## Birthdays

By: Anna M., Member

| July | August        | September |
|------|---------------|-----------|
|      | Evan- 14th    |           |
|      | Anna- 21st    |           |
|      | Trey- 23rd    |           |
|      | Marques- 26th |           |
|      | Daniela- 30th |           |





## **New Employee Spotlight**

**By: Robert M., Member**

**The BridgeLine Spotlight on our Newest Employee Peter Michaels. His Favorite Thing about his job is getting to know the people and what they do. His least favorite is that He can't sleep in late anymore. Peter's hobbies are listening to music and reading. Peter's favorite Movie is Groundhog Day. I had asked him what changes Peter had made to the kitchen maintenance unit. Peter said "to make the kitchen more organized."**



## **International Intern Spotlight**

**We have a volunteer from Germany living in the Hopper House with residents since September. Her Name is Julia and she will be with us for a whole year. Everyone enjoys working alongside her because she is a very hard worker and is strictly business when it comes to getting jobs done. Julia joins the clubhouse every Friday to learn more about other programs at The BridgeLine.**

## **Garden News**

**We have had a large amount of jalapenos and we are still using the herbs in the kitchen. We are hoping to use the squash in the kitchen before the first frost. We made sure over the heat of the summer to keep the plants well watered. Our Kitchen/Maintenance Unit Coordinator implemented not only watering and weeding the plants in the morning but additionally to water the plants in the afternoon.**



## BridgeLine Place

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### **Upcoming Events:**

- **Our Thanksgiving Luncheon will be November 20th 2019 from 12:00 PM to 2:00 PM.**
- **The BridgeLine is holding a fundraiser at Tavola on November 5th starting at 5:00 PM to 10:00 PM. \$18.00 per person or \$66.00 for two people including a bottle of wine.**

## **Clubhouse Wish List & Supporting BridgeLine Place**

**There are many ways that you can support the BridgeLine Place to continue to provide a community based clubhouse program to people living in the Charlottesville area. We depend on community supporters in so many ways!!**

**All monetary donations to the clubhouse are used for program supplies, community re-entry activities of the clubhouse, or your specific designation how the funds be utilized. Your donations can be mailed to the address listed at the top of this page.**

**If you prefer to donate a specific item, here are some suggestions:**

- **Paper products—paper towels or toilet paper**
- **Copy paper or printer cartridges**
- **Gift cards for Lowe's, Food Lion, or office supply store**
- **Non-perishable or canned items**
- **Cleaning Supplies**